

★ **NOW OPEN** ★

# *Charlotte Hall Nutrition*

One-on-One  
Personal Coaching

Weight Loss  
Challenges

Business  
Opportunities

**Join us today for a healthy  
breakfast or lunch!**

Conveniently located at Rt 5 & Golden Beach Rd  
(Behind Fred's Liquor Store)

**301-884-5120**

**Open at 5:30a.m., Monday-Friday**

